



Bright Futures for FAMILIES


Bright Futures is a vision and a philosophy as well as a practical approach to children's good health and development. Parents and families are their children's first and best advocates and their most important caregivers. Family Voices, with support from the Maternal and Child Health Bureau, encourages partnerships and works to develop information for families about raising healthy children, including children with special health care needs.


Build Bright Futures Communities for Children's Good Health!


 Use and share Bright Futures for Families materials and ideas – with families and others who share in the care of children. Check out Family Voices resources:


- www.brightfuturesforfamilies.org
- 1 (800) ASKHRSa for a free copy of the Bright Futures Family Pocket Guide. Use reference # MCHN002.


 Find out about Bright Futures and other health promotion activities in your state or community. Talk with your State Title V Program (usually in your Department of Health). Share your ideas and interests.

 Create Bright Futures Partnerships for children's good health. Enlist families and kids, health and other professionals, teachers and child care providers, and others who care about kids.

 Build links with child and adolescent health providers in your community and state. The American Academy of Pediatrics has a special interest in Bright Futures. Find out what's happening locally and how families can be involved.

 Identify opportunities to communicate about Bright Futures to families - newsletters, state and community meetings for children's health, PTA, etc.

 Learn where your community/state stands in terms of children's health. Find out the facts of children's health – what are good models and efforts, what needs work? What are the issues on families' minds? Are families' and professionals' efforts linked?

 Build Bright Futures Communities! Help create child and family friendly communities. What's important to families – parks, parenting education opportunities, preschool and after school programs, recreation and job training for teens. . .

Contact us! Let us know what you're up to and ways we can work with you or publicize your Bright Futures efforts.

Website Update!

We've updated our website

www.brightfuturesforfamilies.org If you haven't looked lately, check it out to see the latest. Let us know what you think. We also have a new partner, Captus Communications, helping us think about best ways to display and disseminate Bright Futures material and information and working to reach out to corporate and other partners.

Bright Futures Family Pocket Guide

Coming soon – en Español! Please help us spread the word to families so they can enjoy and benefit from Bright Futures.



AAP: An important Bright Futures partner

The American Academy of Pediatrics has two new cooperative agreements with a Bright Futures focus. One promotes the use of Bright Futures materials; the other works to put Bright Futures into action in pediatric settings. Check out their website for new information as they get underway: <http://www.aap.org/brightfutures/bfpubs.htm>



Bright Futures: Family Matters

(Formerly PICTURE This)

Family Voices publishes this family friendly newsletter every other month. Let us know if you'd like to be added to the mailing list or have something to contribute.

For more about the Bright Futures project, or anything mentioned in this article, please contact **Lindsey Pope**, Family Voices at the Federation for Children with Special Needs, 617-236-7210, ext. 112, lpope@fcsn.org